

Circular No (11) for 2020
Launch of Federal Government Employees' Assistant
Program "Hayat"

To: All Federal Entities

The Federal Authority for Government Human Resources (FAHR) would like to send you kind regards, wishing you all the success in your endeavors.

As part of the Authority's efforts to provide moral support to the Federal Government employees, especially in the current emergency situations, it was decided to launch "Hayat" Program to limit the potential consequences resulting from exceptional circumstances worldwide, with the aim to avoid stress, anxiety, and other psychological and social challenges. Life Program is based on several pillars, most notably:

- Promote institutional awareness about the importance of employee mental and psychological health
- Ensure aligning institutional goals with individual aspirations
- Enable employees to achieve a better work -life balance
- Achieve employee psychological well-being, intellectually, physically, and emotionally.

This social and psychological support program for Federal Government employees has been launched in collaboration with Lifeworks Center, specialized in mental health and providing consulting services for free. All consultations will be dealt with completely confidentially and will have prominent role in enhancing the psychological and moral health of employees, especially in light of emergency circumstances, as per the agreement between the Authority and Lifeworks Center.

The Federal Government employee should use the Hayat Digital Card to get consulting services for free (four consultations), or %30 discount on paid services (after exhausting free services). They can also use instead, the reference number FAHR3247.

You are, therefore, invited to attend a virtual orientation workshop on Hayat Program to be held on Tuesday, Aril 28, 2020, at 1:30 pm, using live streaming technology through link: <https://live.dreamcast.ae/Fahr-HR-Club-Webinar>

Att:

* Communication channels to access Hayat service

For more information, please contact:

Nada Al Ali, Project Manager: Tel: 04-231 90 18 Email: NAlAli@fah.gov.ae

Samir Rahal, HR Specialist: Tel: 04-231 90 91 Email: SAIRahal@fah.gov.ae

Thank you for your cooperation

Dr. Abdurahman Al Awar,

Director General,

Federal Authority for Government Human Resources

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This translation of the Federal Law by Decree No. 11 of 2008 on Human Resources in the Federal Government only aims at identifying and clarifying the Articles of the Law and relevant policies (and procedures) .In case of any conflict between the Arabic and English versions, the Arabic version shall prevail and overcome.